Nature's Greatest Cure for Men and Women

Swamp-Root is the Most Perfect Healer and Natural Aid to the Kidneys, Liver and Bladder Ever Discovered.

'Swamp-Root Saved My Life."

A FARMER'S STRONG TESTIMONIAL.



neys, and had to urinate from four to seven times a night, often with smarting and burning. Brick hast would settle in the urine. I lost twenty bounds in two weeks and thought I would soon lie. I took the first dose of your Swamp-Root in the evening at bed time, and was very much surprised; I had to urinute but cure that night, and he second night I did not get up until morning. I have used three bottles of Swamp-Root and o-day ab as well as ever.

I am a farmer and am working every day, and weigh too pounds, the same that I weighted before was taken sick.

weigh too pounds, the same that I weighed before I was raken sick.

Gratefully yours,

Sec. F. A. & I. U. 504.

April 9th, 1903.

Marsh Hill, Pa.

There comes a time to both men and women when sickness and poor health bring anxiety and trouble hard to bear; isappointment seems to follow every flort of physicians in our behalf, and temedies we try have little or no effect. In many such cases serious mistakes are made in doctoring, and not knowing what the disease is or what makes us sick. Kind nature warns us by certain symptoms, which are unmistakable evidence of danger, such as too frequent desire to urinate, scanty supply, scalding irritation, pain or dull ache in the back irritation.

neys need doctoring. If neglected now, the disease advances until the face looks pale or sallow, puffy or dark circles under the eyes, feet swell, and sometimes the least acts badly.

There is comfort in knowing that Dr.
Kilmer's Swamp-Root, the great kidney, liver and bladder remedy, fulfills every wish in quickly relieving such troubles. It corrects inability to hold urine and scalding pain in passing it, and overcomes that unpleasant neces-sity of being compelled to get up many times during the night to urinate. In taking this wonderful new discovery Swamp-Root you afford natural help to nature, for Swamp-Root is the most perfect helper and gentle aid to the kidneys that has ever been discovered.

Swamp-Root a Blessing to Women. My kidneys and bladder gave me great trouble



To Prove What SWAMP-ROOT, the Great Kidney, Liver and Bladder Remedy Will do for YOU, Every Reader of Our Paper May Have a Sample Bottle FREE by Mail.

EDITORIAL NOTICE-If you are sick or "feel badly" send at once to Dr. Kilmer & Co., Binghamton, N. Y., who will gladly send you by mail, immediately without cost to you, a sample bottle of Swamp-Root, and a book telling all out it, and containing many of the thousands upon thousands of testimonia letters received from men and women cured. In writing to Dr. Kilmer & Co., Binghamton, N. Y., be sure to say that you read this generous offer in this paper. Swamp-Root is pleasant to take and you can purchase the regular fifty-cent and one-dollar size bottles at the drug stores everywhere. Don't make any mistake, but remember the name, Swamp-Root, Dr. Kilmer's Swamp-Root, and the address, Binghamton, N. Y., on every bottle.

via Missouri Pacific Railway and Iron Mountain Route. Choice of Central route through Colorado or via the True Southern Route through Texas, Arizona, etc. Through leeper to Los Angeles. Only line operating through sleeping cars, St. Louis to San Francisco, Tourist car serviceto California four days in the week. For rates and full four days in the week. For rates and full information address any agent of Missouri Pacific Railway, or Iron Mountain Route, or H. C. Townsend, General Passenger and Ticket Agent, St. Louis.

These Flats.

The mother with her little ten-year-old The mother with her little ten-year-old daughter was returning to her tiny fiat after a call on a friend who resided in a large house, with spacious grounds about it. As she neared the house she sighed and remarked to her little daughter:
"Dolly, when I come back home after visiting Mrs. Wallin I feel as if I had come back to live in a hat box."
Dolly gave a sigh exactly like her Dolly gave a sigh exactly like her mother's and said, dismally:

"And I feel as if I had come back to live in a keyhole."—N. Y. Times.

New Fast Train to Texas via Iron Mountain Route, leaving St. Louis 8:30 a.m. for points in Texas and the South-8:30 a.m. for points in Texas and the Southwest. Direct connection with trains from North and East. In addition to this the Iron Mountain Route have three other trains to Texas, leaving St. Louis 2:21 p.m., 8:40 p. m and 3:05 a.m. Through Pullman Sleepers, Dining Cars and Elegant Chair Cars. Twelve hours saved to California, Fastest schedules to Texas. Touristtickets on sale the year round. Write any agent of Iron Mountain Route, or H. C. Towssend, General Passenger and Ticket Agent, St. Louis.

"Yes, he fooled me completely. He had such a smooth way with him." "Which proves that the way of the transgressor is most successful when it's smooth."—Philadelphia Ledger.

Three solid through trains daily Chicago to California. Chicago, Union Pacific & North-Western Line.

Selfishness is always shortsighted.—Ram's Horn.

as lean as that dog is standing round in front of it?"-Youth's Companion.

Dish Washing in Winter.

Housekeepers naturally dread dish washing in winter, owing to the fact that it chaps the hands and renders them hard and rough. Much of the injury, however, results from the use of impure soap. If Ivory soap is used in washing dishes and the hands are carefully rinsed and dried, they will not chap used. they will not chap.
ELEANOR R. PARKER.

Cheap Notoriety.

Mrs. Closefist-Oh, do buy me a new bonnet, my dear. It will set all my friends talking.

Mr. Closefist—If you're after notoriety.

Mr. closefist—If you're after notoriety. why don't you get the old one retrimmed? That will make your friends talk twice as much.—Stray Stories.

Stope the Cough and works off the cold. Laxative Bromo Quinine Tablets. Price 25 cents

It is the aim of the theatrical manage to hitch his wagon to the proper star.— Puck.

Three trains a day Chicago to California, Oregon and Washington. Chicago, Union Pacific & North-Western Line.

If you don't try to live up to your ideals the chances are they'll come down.—

Virtue and happiness are twin sisters.— Chicago Daily News.

THE SUNDAY SCHOOL.

esson in the International Series for November 22, 1903-Curse of Strong Drink. THE LESSON TEXT.

(Prov. 59:1: 23:20, 21, 29-25.) Vine is a mocker, strong drink is rag-and whosever is deceived thereby is ot wise.
30. Be not among wineblbbers; among otous eaters of flesh; 21. For the drunkard and the glutton ch. For the drunkard and the giutton thall come to poverty! and drowsiness thall clothe a man with rags.
29. Who hath wee? who hath sorrow? who hath contentions? who hath babbling? who hath wounds without cause? who hath

they that tarry long at the wine; her that go to seek mixed wine.

31. Look not thou upon the wine when
t is red, when it giveth his color in the , when it moveth itself aright. 2. At the last it biteth like a serpent, and ingeth like an adder.

23. Thine eyes shall behold strange wom-in, and thine heart shall utter perverse lings.
34. Yea, thou shalt be as he that lieth

own in the midst of the sea, or as he that leth upon the top of a mast. 25 They have stricken me, shalt thou say, and I was not sick; they have beaten ne, and I felt it not; when shall I awake? i will seek it yet again. GOLDEN TEXT .- Wine is a mocker .-

(Prov. 20:1.) Of course these selecions from the ancient Hebrew "Wislom-literature" do not bring us new light on the temperance question. They simply show us that to the world's seenest minds there has always been iquor has been the curse of the hunan race. But the facts stated by this writer with such dramatic power are ndisputable, and could not picture the situation more perfectly if they had

een written in America in 1903. The first great point in the lesson or to-day is not that "wine is a nocker." though it is-it mocks all tigh ideals and makes dupes of those who trust it, for it is voluble with promises which it never pays-nor is he point for us that strong drink is 1 brawler, though that is true, as anyme who is familiar with the sights and sounds about the doors of a saoon knows. The first great point for us is in the words: "Whosoever erreth thereby is not wise." As the ace advances and men are controlled nore by reason and less by inclination and momentary desire, the foolish things will be seen to be wicked, just is the wicked things are always fool-Drinking is wicked, because it s foolish. It is the high privilege and duty of every man to make the

nost of himself physically, mentally ind morally. This he cannot do uness he rules out the doing of foolish things. There are a great many kinds of physical foolishness that are inemperance, just as truly as drinking s, and these should be included in he discussion of this lesson. The worst crime which a boy can commit against society and against God is that which makes him less of a man, less useful as a c'tizen, less true as a Christian. The reasons why the use of liquor is, to say the least, not wise, are brought out as the lesson pro-

(Ch. 23: 20, 21.) "Be not among gious. No man who has any regard habit when the very thought of climbnecessary risks with this contagion. and-" "Two or three years."

"How does it happen I have never seen him in passing along here?"

"We don't allow him to leave the back yard," replied Mrs. Irons, with emphasis.

"What kind of an advertisement would it be for a boarding house to have a creature as lean as that dog is standing round in one's manhood goes the wreck of his | Ever_potice that?"-London Tit-Bits. 'or low sensual pleasures finds himself in the end without either. In thoosing the lower he loses all.

(Vs. 31, 32.) "Look not thou upor the wine when it is red:" In other words, do not be insane enough to drink anything just because it looks good and tastes good, and for awhile nakes you feel good, when you know hat it is really a poison. "At the ast it biteth like a serpent:" It is leadly. The man does not live who can begin taking liquor or a drug 'in moderation" with safety, because the system does not exist that can resist the deteriorating effects of those things. One can never tell what the directeffect will be. But it will not be purey physical. They benumb the conscience, destroy will power and kill elf-respect. The moderation theory is unsound. The only safe course is to leave them alone entirely.

(Vs. 33-35.) These closing verses icture the reeling mind and stupefied body of the drunken man. One reading of them is enough without discus-The question is, how we can best check the evils of intemperance. The principle must be to overcome evil with good, and one of the practical methods is hinted at in this utterance of Henry van Dyke in the baccalaureate sermon to the graduating class at Princeton last June: "Intemperance," he said, "is the type of all evils because so many others grow out of it. The way to attack it is to make sober life beautiful and full of nterest. Teach your boys now to work, how to read and study, you, fathers, before you send them to college, if you want to guard them against the temptations of strong drink and the many shames and sorrows that go You reformers, provide men with recreations that will not harm them, if you want to take away the power of the gilded saloons."

ARMY AND NAVY.

Admiral Bowles is to receive \$25,000 year from the private ship building concern with which he is to be con nected. As chief constructor of the nav; his salary was \$5,500 a year.

Watchdogs are to be employed guard the German dockyards. A dog great deal." is to accompany each sentinel, and the animal will be set upon any stranger who fails to respond to the challenge. The new Belgian military system, established on the basis of voluntary conscription, has already proved a failure. Notwithstanding the active efforts of the enlistment committee but few volunteers have come forward during the

Gen. Joe Wheeler is an enthusiastic believer in the value—the "incalculable benefit" is his own phrase-of the army maneuvers. "Many things," he says, "that are necessary in actual warfare are being attempted now in these experiments, and when one side or another fails the failure shows what may be expected next time. In other words, to learn why you have failed or succeeded in a thing is just as important in warfare as in anything else,"

ALUM, FLINT AND SULPHURIC ACID.

It is reported that in many localities houses are infested by peddlers trying to sell or introduce so-called "cheap" or low-priced baking powders, either directly or by an order upon a grocer. In most instances deception is used, and it is claimed that the article is a genuine baking powder and has all the merits of a pure article.

Housekeepers should be on their guard against this danger to their fool. Alum powders are almost always low priced. But they are well known to be detrimental to health: In England and in some sections of this country their sale is prohibited by law. Congress has forbidden the sale of food containing alum in the District of Columbia. The highest authorities condemn their use. Dr. S. W. Johnson, for instance, Professor of Chemistry at Yale College, says: "Bread made with a baking powder containing alum must yield a soluble alumina salt with the gastric juice, and must, therefore, act

It is well known that these so-called "cheap" goods are made from alum or the very cheapest materials. One of them was recently analyzed at Yale College and found to be one-quarter sharp pointed grains of ground flint. Others are filled with sulphuric acid, ight, and that from time immemorial and salts of lead are also found in

In baking powders be sure to get i reputable well-known cream of tartar brand, and never buy from peddlers. An Indian Elysium.

Ages before the white men came among them their ancestors had lived in a far-off country, to the west, beyoud the mighty rivers and mountains, at a place where the waters constantly moved to and fro. In the belief that away toward the rising sun there existed a red man's paradise-a land of deer and salmon and beaver-they had traveled on toward the east and south to find it; but they were scourged and divided by famine, so that it was not until after long and weary journeyings, during which many, many moons had passed, that they came at length to the broad and beautiful valley of the Hudson, whose bosom forever ebbed and flowed like the waters from whose shores they had come; and here, amidst a profusion of game and fish, they bad rested and found that Indian elyslum of which they had dreamed before they left their own homes in the land of the setting sun .- From "Indian Legends of the Hudson," by William Wait, in Four-Track News.

In Enraest Then.

"I have noticed," said the serious, offhand philosopher, "that a woman will get a golf dress when she has no intention of playing golf."

"That's so," agreed the man with the auburn whiskers.

"And," continued the off-hand philosopher, "she will get a ball gown when she cares nothing about dancing, and tennis dress when she wouldn't play tennis for fear she will freckle, and a winebibbers:" Self-indulgence or the bathing suit when she has no thought self-indulgent disposition is conta- of going into the water, and a riding for his manhood can afford to run un- ing on a horse gives her the chills,

"Yes," interrupted the man with the auburn whiskers; "but when she gets a wedding dress she means business.

Her Idea of a Poet.

Walking home from school the other day some children were discussing the perfection and usefulness of their respective fathers. "My father's the best man in the world," said one little girl; "he is a minister. He makes people go to church."

"Mine is the best," piped up another; "he's a doctor. He makes sick people

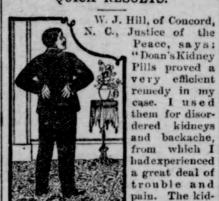
well so they can go to church." Three or four more enlarged upon the benefit the world derived from their fathers, when finally a sweet, blue-eved little girl said: "My papa's the best of all. He's a poet.'

"A poet!" said another, in sympathetic surprise; "why, a poet isn't a profession! It's a disease!"

On his first visit to London, an Aberdeen youth visited a refreshment parlor and, noting a woman eating an ice, said to the waiter: "Hi, man, gi'e me yin o' thae." Being supplied, he took a spoonful and made a wry face. "I'm dootin' it's a bit frost bitten, mister," sald he. "Oh, no, sir," remarked the waiter,

"it's an ice." "Gosh! Do they eat ice in London?" asked the wondering Aberdeenian; "man, we slide an' skate on't in Aber-

QUICK RESULTS.



"Doan's Kidney case. I used them for disordered kidneys WHEAT-No. 2 red. and backache. No. 3 spring CORN—No. 2 mixed. from which I hadexperienced a great deal of trouble and pain. The kid-New York.

were very irregular, dark colored and FLOUR—Win, str'ts. 3 95 WHEAT—No. 2 red. CORN—No. 2 mixed. full of sediment. The Pills cleared it all up and I have not had an ache in my back since taking the last dose. My health generally is improved a OATS-No. 2 mixed. RYE-Western PORK-Family LARD-Steam

FOSTER-MILBURN CO., Buffalo, N Y. For sale by all dralers, price 50

There is no satisfaction keener than being dry and comfortable when out in the hardest storm. YOU ARE SURE OF THIS IF YOU WEAR 到不 WATERPROOF
OILED CLOTHING
MADE IN BLACK OR YELLOW
AND BACKED BY OUR GUARANTED.
TOWER CANADIAN COLLITIED INDONE CAN.
If he will not supply you
for our free totalogue of germents and hair

THE "400" AND THE ZOO.

An Alliance Which Some Person Were Consummately Ignorant

"Some people," said the Philadelphia woman, according to a New York exchange, "have a queer idea of what the "400" does, and it does queer things, goodness knows, without having things it doesn't do laid to it.
"I was going through the zoo the other day with a friend," she went on, "and while we were standing before a cage in the lion house my companion turned to me and asked:

"I wonder who keeps all this up?"
"Before I had a chance to reply, we were both astonished to hear a deep Irish voice reply:

reply:
"Sure, madam, it's the society."
"We turned and beheld as healthy a looking specimen of the working woman as ever I laid eyes on.
"The society?" questioned my companion, in a half amused way. "What society?"

"The washerwoman looked us all over with contempt; then she blurted out:
"The society—the society! What ninnies ye are! Sure, an' haven't ye ever heard of the "400"—the society of Noo-York! That's the society that keeps this

"And with that she turned on her heel and left we two ignoramuses staring in blank amazement after her retreating

JUDICIAL DIGNITY.

Was Maintained in This Instance Af Cost to the Court of the Prisoner.

A certain squire of the city, who betrays his patriotism by presiding in a small of fice painted red, white and blue, had a case before him the other day which attracted an unusual crowd to the temple of justice. A young tellow was up before him, relates the Pittsburg Dispatch, on a charge of stealing brass, and his friends were out in full force to see that he got a fair show.

show.

Before the case opened the noise and confusion became so great that his honor declared that the next man to include in any unusual outbreak would be ejected from the room. He had hardly ceased speaking when a young man shouted, at the same time waving his hat above his bead.

head:

"Hooray fur Squire Hooligan!"

"Put him out," roared the court, and in another instant the young man found himself being rushed to the door. Order having been restored once more, his honor ordered that the prisoner be brought before the bar for trial. The court officer hurriedly glances about through the crowd and then a great light suddenly fell upon him. him.
"Can't do it your honor," he replied.
"The young fellow you just put out was
the prisoner."

The Doctor's Statement. St. John, Kans., Nov. 16th.—This town has a genuine sensation in the case of a little boy, the son of Mr. and Mrs. William McBride. Dr. Limes, the attending

liam McBride. Dr. Limes, the attending physician, says:

"Scarlet Fever of a very malignant type brought this child very near to dea" and when the fever left him, he was sem. aralyzed in the right leg and right arm. He also lest hearing in his right ear and his nind was much affected.

"His parents tried another treatment for a time and when I was recalled I found that he was having spells very like Epilepty and was very bad and gradually growing worse. I advised the use of Dodd's Kidney Pills and in a short time the child began to improve. Inside of a week the increase spasms or epileptic seizures ceased altogether."

Mr. and Mrs. McBride have guade a tworn statement of the facts and Dr. Jesse L. Limes has added his sworn statement saying that Dodd's Kidney Pills and nothing else cured the fits.

tilad Caller.

Mistress—Did anyone call while I was put, Jane?
Jane-Yis, mum. Wan gintlemin was afther callin, mum.

"What was his name?"
"Moik O'Rafferty, mum, an' he wus as glad to foind yez out as he wus to foind me in. O'm thinkin', mum."—Chicago

Tess—"He proposed to me to-day, and he was so impatient. He wanted me to marry him right away. But I was not to be hurried." Jess—"So you put him off, eh?" Tess—"Yes, indeed. I told him he'd have to wait until to-morrow."—Philadelphia Press.

Piso's Cure for Consumption is an infalli-ble medicine for coughs and colds.—N. W. Samuel, Ocean Grove, N. J., Feb. 17, 1900.

The man who refuses to believe the truth is often credulous when a lie is told to him.—Town Topics.

June Tint Butter Color makes top of the market butter.

The richest purse often has the poorest centents.—Town Topics.

MARKET REPORT.

Cincinnati, Nov. 17.

CATTLE—Common .\$2 50 @ 3 60 Heavy steers 4 40 @ 4 65 Heavy steers 4 40 CALVES-Extra HOGS-Ch. packers . 4 70 Mixed packers . . . 4 60 SHEEP-Extra 3 25 LAMBS-Extra ... FLOUR—Spring pat. 4 50 4 95 86 85 1/2 WHEAT-No. 2 red. No. 3 winter CORN—No. 2 mixed. OATS—No. 2 mixed. RYE—No. 2 HAY—Ch. timothy ... No. 3 winter . @ 36! @ 61 @13 00 @13 85 @ 6 60 59 PORK-Clear family. LARD-Steam @ 123 @ 24 @ 3 00 @ 2 35 BUTTER-Ch. dairy. Choice creamery ... APPLES—Fancy ... 2 75
POTATOES—Per bbl 2 25
TOBACCO—New ... 3 50 Old 5 60

Chicago. FLOUR-Winter pat. 4 00 OATS-No. 2 mixed.

05 86 49 Baltimore.

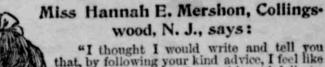
WHEAT-No. 2 red. CORN-No. 2 mixed. OATS-No. 2 mixed. CATTLE-Steers ... 4 25 HOGS-Western Louisville. WHEAT—No. 2 red. CORN—No. 2 mixed. OATS—No. 2 mixed. PORK—Mess..... LARD—Steam

Indianapolis. WHEAT-No. 2 red CORN-No. 2 mixed. OATS-No. 2 mixed.

Miss Rose Peterson, Secretary Parkdale Tennis Club, Chicago, from experience advises all young girls who have pains and sickness peculiar to their sex, to use

Lydia E. Pinkham's Vegetable Compound. How many beautiful young girls develop into worn, listless and hopeless women, simply because sufficient attention has not been paid to their physical development. No woman is exempt from physical weakness and periodic pain, and young girls just budding into womanhood should be carefully guided physically as well as morally.

If you know of any young lady who is sick, and needs motherly advice, ask her to write to Mrs. Pinkham at Lynn, Mass., who will give her advice free, from a source of knowledge which is unequalled in the country. Do not hesitate about stating details which one may not like to talk about, and which are essential for a full understanding of the case.



"I thought I would write and tell you that, by following your kind advice, I feel like a new person. I was always thin and delicate, and so weak that I could hardly do anything. Menstruation was irregular. "I tried a bottle of your Vegetable Com-pound and began to feel better right away. I continued its use, and am now well and strong, and menstruate regularly. I cannot say enough for what your medicine did for me."

How Mrs. Pinkham Helped Fannie Kumpe.

"DEAR MRS. PINKHAM: - I feel it is my duty to write and tell you of the benefit I have derived from your advice and the use of Lydia E. Pinkham's Vegetable Compound. The pains in my back and womb have all left me, and my menstrual trouble is corrected. I am very thankful for the good advice you gave me, and I shall recommend your medicine to all who suffer from female weakness." - Miss Fannie Kumpe, 1922 Chester St., Little Rock, Ark. (Dec. 16, 1900.)

Lydia E. Pinkham's Vegetable Compound will cure any woman in the land who suffers from womb troubles, inflammation of the ovaries, kidney troubles, nervous excitability, nervous prostration, and all forms of woman's special ills.

FORFEIT if we cannot forthwith produce the original letters and signatures of above testimonials, which will prove their absolute genuineness.

Lydia E. Pinkham Med. Co., Lynn, Macs.

WITH NERVES UNSTRUNG AND HEADS THAT ACHE

WISE WOMEN **BROMO-SELTZER**

TRIAL BOTTLE 10 CENTS.

ABSOLUTE

Genuine Carter's Little Liver Pills.

Must Bear Signature of

Very small and as casy

CARTER'S FOR HEADACHE. ITTLE FOR BILIOUSNESS.
FOR TORPID LIVER.
FOR CONSTIPATION

to take as sugar.

FOR THE COMPLEXION Price Purely Vegetable. Stentis CURE SICK HEADACHE.

BEGGS' CHERRY COUGH



READERS OF THIS PAPER SHOULD INSIST UPON HAVING WHAT THEY ASK FOR, REFUSING ALL SUBSTITUTES OR IMITATIONS

I WANT HO MONEY Catarrh Positively Cures.
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ROYAL BAKING POWDER GO., NEW YORK,

baking by the best people everywhere.

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Baking Powder

There is a quality added to the

cake and biscuit by the Royal Baking

Powder which promotes digestion.

This peculiarity of "Royal" has been

noted by physicians, and they accord-

Royal Baking Powder is used in

ingly endorse and recommend it.